



# Singleton Church of England Primary School

## Progression of Skills and Knowledge

### PSHE - Y3



Year 3 Cycle B	Valuing Difference	Rights and Respect	Growing and Changing
KNOWLEDGE ORGANISERS	<a href="#">Knowledge Organiser</a>	<a href="#">Knowledge Organiser</a>	<a href="#">Knowledge Organiser</a>
KEY VOCAB	Tolerance, respect, stereotypes, friendship, diversity, adoption, LGBT, estranged, fostered, blended, same sex couple, community, support network, well-being, respect, teamwork, British values	Community, environment, volunteer, mental health, well-being, location, safe, healthy, people who help us, fact, opinion, pupil voice, caring, responsibility, earning, wage, income, responsibility	Self-esteem, caring, community, emotional needs, friendship, support, trust, family, negative, and healthy, body space, appropriate touch, physical contact, secrets, trust
SUBSTANTIVE KNOWLEGDE	<ul style="list-style-type: none"><li>Recognise that there are many different types of family;</li><li>Understand what is meant by 'adoption' 'fostering' and 'same-sex relationships.'</li><li>Define the term 'community';</li><li>Identify the different communities that they belong to;</li><li>Recognise the benefits that come with belonging to a community, in particular the benefit to mental health and wellbeing.</li><li>Reflect on listening skills;</li><li>Give examples of respectful language;</li><li>Give examples of how to challenge another's viewpoint, respectfully.</li><li>Explain that people living in the UK have different origins;</li><li>Identify similarities and differences between a diverse range of people from varying national, regional, ethnic and religious backgrounds;</li><li>Identity some of the qualities that people from a diverse range of backgrounds need in order to get on together.</li><li>Recognise the factors that make people similar to and different from each other;</li><li>Recognise that repeated name calling is a form of bullying;</li><li>Suggest strategies for dealing with name calling (including talking to a trusted adult).</li><li>Understand and explain some of the reasons why different people are bullied;</li><li>Explore why people have prejudiced views and understand what this is.</li></ul>	<ul style="list-style-type: none"><li>Define what a volunteer is;</li><li>Identify people who are volunteers in the school community;</li><li>Recognise some of the reasons why people volunteer, including mental health and wellbeing benefits to those who volunteer.</li><li>Identify key people who are responsible for them to stay safe and healthy;</li><li>Suggest ways they can help these people.</li><li>Understand the difference between 'fact' and 'opinion';</li><li>Understand how an event can be perceived from different viewpoints;</li><li>Plan, draft and publish a recount using the appropriate language.</li><li>Define what is meant by the environment;</li><li>Evaluate and explain different methods of looking after the school environment;</li><li>Devise methods of promoting their priority method.</li><li>Understand the terms 'income', 'saving' and 'spending';</li><li>Recognise that there are times we can buy items we want and times when we need to save for items;</li><li>Suggest items and services around the home that need to be paid for (e.g. food, furniture, electricity etc.)</li><li>Explain that people earn their income through their jobs;</li><li>Understand that the amount people get paid is due to a range of factors (skill, experience, training, responsibility etc.)</li></ul>	<ul style="list-style-type: none"><li>Identify different types of relationships;</li><li>Recognise who they have positive healthy relationships with.</li><li>Understand what is meant by the term body space (or personal space);</li><li>Identify when it is appropriate or inappropriate to allow someone into their body space;</li><li>Rehearse strategies for when someone is inappropriately in their body space.</li><li>Define the terms 'secret' and 'surprise' and know the difference between a safe and an unsafe secret;</li><li>Recognise how different surprises and secrets might make them feel;</li><li>Know who they could ask for help if a secret made them feel uncomfortable or unsafe.</li><li>Explain whose responsibility it is to look after the local environment;</li><li>Plan and carry out an event which will benefit the local environment</li></ul>
MAKING CONNECTIONS	<p><b>Year 2 – Valuing Difference.</b></p> <p>To know how to:</p> <ul style="list-style-type: none"><li>Identify some of the physical and non-physical differences and similarities between people;</li><li>Know and use words and phrases that show respect for other people.</li><li>Identify people who are special to them;</li><li>Explain some of the ways those people are special to them.</li><li>Recognise and explain how a person's behaviour can affect other people.</li><li>Explain how it feels to be part of a group;</li><li>Explain how it feels to be left out from a group;</li><li>Identify groups they are part of;</li><li>Suggest and use strategies for helping someone who is feeling left out.</li><li>Recognise and describe acts of kindness and unkindness;</li><li>Explain how these impact on other people's feelings;</li><li>Suggest kind words and actions they can show to others;</li><li>Show acts of kindness to others in school.</li><li>Demonstrate active listening techniques (making eye contact, nodding head, making positive noises, not being distracted);</li><li>Suggest strategies for dealing with a range of common situations requiring negotiation skills to help foster and maintain positive relationships.</li></ul> <p><b>Year 4</b></p> <p>To know how to:</p> <ul style="list-style-type: none"><li>Define the terms 'negotiation' and 'compromise';</li><li>Understand the need to manage conflict or differences and suggest ways of doing this, through negotiation and compromise.</li><li>Understand that they have the right to protect their personal body space;</li><li>Recognise how others' non-verbal signals indicate how they feel when people are close to their body space;</li></ul>	<p><b>Year 2 – Rights and Responsibilities</b></p> <p>To know how to:</p> <ul style="list-style-type: none"><li>Describe and record strategies for getting on with others in the classroom.</li><li>Explain, and be able to use, strategies for dealing with impulsive behaviour.</li><li>Identify special people in the school and community who can help to keep them safe;</li><li>Know how to ask for help.</li><li>Identify what they like about the school environment;</li><li>Identify any problems with the school environment (e.g. things needing repair);</li><li>Make suggestions for improving the school environment;</li><li>Recognise that they all have a responsibility for helping to look after the school environment.</li><li>Understand that people have choices about what they do with their money;</li><li>Know that money can be saved for a use at a future time;</li><li>Explain how they might feel when they spend money on different things.</li><li>Recognise that money can be spent on items which are essential or non-essential;</li><li>Know that money can be saved for a future time and understand the reasons why people (including themselves) might do this.</li></ul> <p><b>Year 4</b></p> <p>To know how to:</p> <ul style="list-style-type: none"><li>Explain how different people in the school and local community help them stay healthy and safe;</li><li>Define what is meant by 'being responsible';</li><li>Describe the various responsibilities of those who help them stay healthy and safe;</li><li>Suggest ways they can help the people who keep them healthy and safe.</li><li>Understand that humans have rights and also responsibilities;</li><li>Identify some rights and also responsibilities that come with these.</li></ul>	<p><b>Year 2 – Growing and Changing</b></p> <p>To know how to:</p> <ul style="list-style-type: none"><li>Demonstrate simple ways of giving positive feedback to others.</li><li>Recognise the range of feelings that are associated with losing (and being reunited) with a person they are close to.</li><li>Identify different stages of growth (e.g. baby, toddler, child, teenager, adult);</li><li>Understand and describe some of the things that people are capable of at these different stages.</li><li>Identify which parts of the human body are private;</li><li>Understand that humans mostly have the same body parts but that they can look different from person to person.</li><li>Explain what privacy means;</li><li>Know that you are not allowed to touch someone's private belongings without their permission;</li><li>Give examples of different types of private information.</li></ul> <p><b>Year 4</b></p> <p>To know how to:</p> <ul style="list-style-type: none"><li>Describe some of the changes that happen to people during their lives;</li><li>Explain how the Learning Line can be used as a tool to help them manage change more easily;</li><li>Suggest people who may be able to help them deal with change.</li><li>Name some positive and negative feelings;</li><li>Understand how the onset of puberty can have emotional as well as physical impact</li><li>Suggest reasons why young people sometimes fall out with their parents;</li><li>Take part in a role play practising how to compromise.</li><li>Identify parts of the body that males and females have in common and those that are different;</li><li>Know the correct terminology for their genitalia;</li></ul>

	<ul style="list-style-type: none"><li>• Suggest people they can talk to if they feel uncomfortable with other people's actions towards them.</li><li>• Recognise that they have different types of relationships with people they know (e.g. close family, wider family, friends, acquaintances);</li><li>• Give examples of features of these different types of relationships, including how they influence what is shared.</li><li>• List some of the ways that people are different to each other (including differences of race, gender, religion);</li><li>• Recognise potential consequences of aggressive behaviour;</li><li>• Suggest strategies for dealing with someone who is behaving aggressively.</li><li>• List some of the ways in which people are different to each other (including ethnicity, gender, religious beliefs, customs and festivals);</li><li>• Define the word <i>respect</i> and demonstrate ways of showing respect to others' differences.</li><li>• Understand and identify stereotypes, including those promoted in the media.</li></ul>	<ul style="list-style-type: none"><li>• Understand the reason we have rules;</li><li>• Suggest and engage with ways that they can contribute to the decision-making process in school (e.g. through pupil voice/school council);</li><li>• Recognise that everyone can make a difference within a democratic process.</li><li>• Define the word <i>influence</i>;</li><li>• Recognise that reports in the media can influence the way they think about an topic;</li><li>• Form and present their own opinions based on factual information and express or present these in a respectful and courteous manner.</li><li>• Explain the role of the bystander and how it can influence bullying or other anti-social behaviour;</li><li>• Recognise that they can play a role in influencing outcomes of situations by their actions.</li><li>• Understand some of the ways that various national and international environmental organisations work to help take care of the environment;</li><li>• Understand and explain the value of this work.</li><li>• Define the terms 'income' and 'expenditure';</li><li>• List some of the items and services of expenditure in the school and in the home;</li><li>• Prioritise items of expenditure in the home from most essential to least essential.</li><li>• Explain what is meant by the terms 'income tax', 'National Insurance' and 'VAT';</li><li>• Understand how a payslip is laid out showing both pay and deductions;</li><li>• Prioritise public services from most essential to least essential.</li><li>•</li></ul>	<ul style="list-style-type: none"><li>• Understand and explain why puberty happens.</li><li>• Know the key facts of the menstrual cycle;</li><li>• Understand that periods are a normal part of puberty for girls;</li><li>• Identify some of the ways to cope better with periods.</li><li>• Define the terms 'secret' and 'surprise' and know the difference between a safe and an unsafe secret;</li><li>• Recognise how different surprises and secrets might make them feel;</li><li>• Know who they could ask for help if a secret made them feel uncomfortable or unsafe.</li><li>• Understand that marriage is a commitment to be entered into freely and not against someone's will;</li><li>• Recognise that marriage includes same sex and opposite sex partners;</li><li>• Know the legal age for marriage in England or Scotland;</li><li>• Discuss the reasons why a person would want to be married, or live together, or have a civil ceremony.</li></ul>
<b>KEY SKILLS</b>	<ul style="list-style-type: none"><li>• I can say a lot of ways that people are different, including religious or cultural differences.</li><li>• I can explain why it’s important to challenge stereotypes that might be applied to me or others.</li></ul>	<ul style="list-style-type: none"><li>• I can explain how a ‘bystander’ can have a positive effect on negative behaviour they witness (see happening) by working together to stop or change that behaviour.</li><li>• I can explain how these reports (TV, newspapers or their websites) can give messages that might influence how people think about things and why this might be a problem.</li><li>• I can give examples of these decisions and how they might relate to me.</li></ul>	<ul style="list-style-type: none"><li>• I can label some parts of the body that only boys have and only girls have.</li><li>• I can list some of the reasons why a teenager might have these difficult feelings (e.g. conflict with parents).</li><li>• I can tell you why people get married.</li></ul>