

Singleton CE Primary School

"Passion for Learning and Passion for Life"



Junior Leadership Team Anti-Bullying Policy **'Be a Buddy not a Bully'**

"Passion for Learning and Passion for Life"



AT SINGLETON SCHOOL WE FOLLOW THE 5Cs TO MAKE EVERYONE HAPPY!

1. COURTESY
2. CONFIDENCE
3. COMPASSION
4. CARE
5. CO-OPERATION



RULES

RESPECT MYSELF

RESPECT OTHERS

RESPECT SINGLETON
SCHOOL

WHAT IS BULLYING?

In our Christian school a bully is someone who hurts someone else several times on purpose, through an imbalance of power. The different types are:

- Physical (Hitting and kicking)



- Verbal (Calling you names)



- Emotional (Hurting your feelings)



- Cyber (Using the internet or an electronic device)



STOP

WHAT IS BULLYING?

SEVERAL
TIMES
ON
PURPOSE



START
TELLING
OTHER
PEOPLE

WORDS NOT TO SAY!

YOU'RE NOT MY FRIEND!

I DON'T WANT YOU TO PLAY WITH
US!

I'M GOING TO HAVE A PRIVATE
CHAT!

GO AWAY!

DON'T TALK TO ME OR MY BEST
FRIEND!

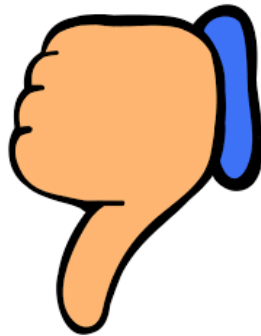
I DON'T LIKE YOU!



WHAT COULD YOU DO IF YOU'RE BEING BULLIED?



- Tell somebody
- Ask the person to stop
- Ignore them and walk away
- Write a letter



Don't

- Keep it a secret
- Do what they say
- Hurt them back
- Get Angry

WHO CAN I TELL?

TEACHER

FRIEND

YOUR PARENTS

BROTHER OR SISTER

TEACHING ASSISTANT

A TRUSTED ADULT

PLAYGROUND SUPERVISOR

JUNIOR LEADERSHIP TEAM



WHAT SHOULD I DO IF I SEE SOMEONE ELSE BEING BULLIED?

- Encourage your friend to speak up straight away!
- Help them to tell an adult, or tell somebody yourself.
 - Ask the bully to stop
 - Don't keep it to yourself.
 - Make sure you ask for help.
 - Tell them it's not their fault.
- Be a good friend by playing with them at break and lunch times



IF I AM BULLYING SOMEONE?

- Your teacher will ask you what has happened and will give you the chance to explain your side of the story.
- Give you help if you need it.
- You will have a consequence such as:
 1. A reminder to stop
 2. Missing playtime or lunchtime
 3. Writing a letter to say sorry
 4. Explaining your behaviour.
 5. Your parents will be asked to come into school
 6. A behaviour report, where your behaviour will be checked everyday
 7. You might be asked to take time out of school (this is called exclusion) Afterwards, the adults will keep checking to make sure you have stopped bullying.



HELP AND ADVICE

Remember if you are being bullied you are not alone. Here are some phone numbers and websites from which you can get help and advice from:

