



**BLUE MOOSE**  
DANCE COMPANY



To keep us moving and grooving whether that be at home, or at School, we are hosting a **Wyre & Fylde Dance Challenge** to celebrate the spectacular dance that has been happening in Schools across Wyre & Fylde!

**We are asking you to take part in the challenges below, film your response and send it to us.**

We will compile all your videos into one super awesome Dance Film which will be shared on our social media channels to spread some dancing joy!

- Our soundtrack is Happy by C2C (feat Derek Martin) *You can find it on YouTube, Spotify, iTunes*
- You can take part in one, just a few or all of the challenges below
- Follow along with Hannah via the links below to give you some ideas!

## CHALLENGE 1: SPRINT

Run on the spot, as fast as you can for 16 counts. Think Usain Bolt!

Learn with Hannah here: <https://youtu.be/FbDHggw-kSs>



## CHALLENGE 2: FREEZE

Create 8 super cool freezes, perfectly still shapes which channels your most joyful, happy feelings.

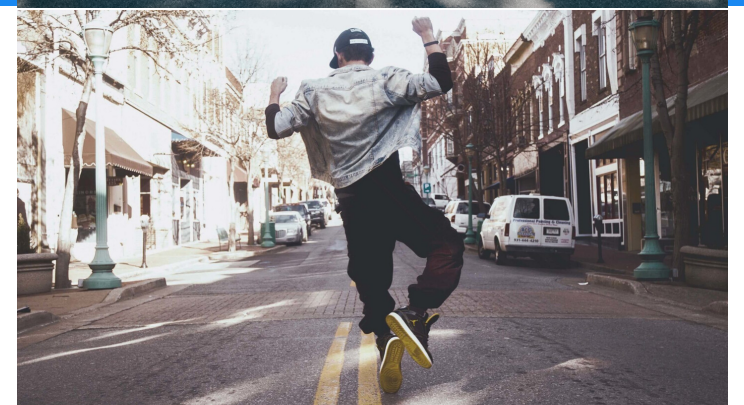
Learn with Hannah here: <https://youtu.be/9RcR2iVsLak>



## CHALLENGE 3: MOVE & GROOVE

We've got a super cool short dance for you to learn with us.

Learn it with Hannah here: <https://youtu.be/Z551S9-LFWE>



## CHALLENGE 4: SLOW MOTION

Channel your inner Super Hero, and create 16 counts of SLOW MOTION movement ending on the floor.

Learn with Hannah here: <https://youtu.be/3EI18JOzaIY>



## CHALLENGE 5: FREESTYLE

Freestyle it out showing us your most awesome dance moves. That might include a jump, a turn or a balance.

Learn with Hannah here: <https://youtu.be/Rt-xD7cOJ2M>



## \*5 CHALLENGES, 1 BIG PRIZE!\*

**We will be awarding the best submission a V.I.P tour of Blackpool Winter Gardens and an exclusive 45 minute dance workshop with Blue Moose Dance Company, for you and your school class.**

*Date and times for the prize are TBC.*

### Send us your Dance Challenge Videos

- Film your dance challenges on a smart phone or tablet
- Make sure you film your challenge(s) in landscape
- Send to us via instagram: @bluemoosedance (as a direct message)  
OR via email: [education@bluemoosedance.org.uk](mailto:education@bluemoosedance.org.uk), with the subject 'DANCE CHALLENGE'
- Send to us by: Monday 27th April 2020

We will launch our film on Thursday 30th April so make sure you are following us @bluemoosedance

### Media Consent

By submitting Dance Challenge Video footage to us, you are giving consent for your child/young person/pupils to feature in film footage used by Blue Moose Dance Company & Wyre & Fylde School Sports Partnership on their websites and social media channels. You agree that the films may be used in this way without payment or further contact from Blue Moose Dance Company or Wyre & Fylde School Sports Partnership, for the foreseeable future. Film footage will only be used by Blue Moose Dance Company, Wyre & Fylde School Sports Partnership and any affiliated parties for the Wyre & Fylde Dance Challenge and will not be passed to third parties for marketing purposes.

We can't wait to see what you create!

If you have any questions, please don't hesitate to get in touch with Zanna or Hannah: [education@bluemoosedance.org.uk](mailto:education@bluemoosedance.org.uk)