

SCHOOL ILLNESS EXCLUSION GUIDELINES

Illness	Exclusion Period
<i>Chickenpox</i>	<i>Until blisters have all crusted over or skin healed, usually 5-7 days from onset of rash.</i>
<i>Conjunctivitis</i>	<i>Parents/carers expected to administer relevant creams. Stay off school if unwell.</i>
<i>Nausea</i>	<i>Nausea without vomiting. Return to school 24 hours after last felt nauseous.</i>
<i>Diarrhoea and/or vomiting</i>	<i>Exclude for 48 hours after last bout (this is 24 hours after last bout plus 24 hours recovery time). Please check your child understands why they need to wash and dry hands frequently. Your child would need to be excluded from swimming for 2 weeks.</i>
<i>German Measles/Rubella</i>	<i>Return to school 5 days after rash appears but advise school immediately as pregnant staff members need to be informed.</i>
<i>Hand, Foot and Mouth Disease</i>	<i>Until all blisters have crusted over. No exclusion from school if only have white spots. If there is an outbreak, the school will contact the Health Protection Unit.</i>
<i>Head Lice</i>	<i>No exclusion, but please wet-comb thoroughly for first treatment, and then every three days for next 2 weeks to remove all lice.</i>
<i>Cold Sores</i>	<i>Only exclude if unwell. Encourage hand-washing to reduce viral spread.</i>
<i>Impetigo</i>	<i>Until treated for 2 days and sores have crusted over.</i>
<i>Measles</i>	<i>For 5 days after rash appears</i>
<i>Mumps</i>	<i>For 5 days after swelling appears</i>
<i>Ringworm</i>	<i>Until treatment has commenced.</i>
<i>Scabies</i>	<i>Your child can return to school once they have been given their first treatment although itchiness may continue for 3-4 weeks. All members of the household and those in close contact should receive treatment.</i>
<i>Scarletina</i>	<i>For 5 days until rash has disappeared or 5 days of antibiotics course has been completed.</i>
<i>Slapped Cheek</i>	<i>No exclusion (infectious before rash)</i>
<i>Threadworms</i>	<i>No exclusion. Encourage hand washing including nail scrubbing.</i>
<i>Whooping Cough</i>	<i>Until 5 days of antibiotics have been given. If mild form and no antibiotics, exclude for 21 days.</i>
<i>Antibiotics</i>	<i>First dose must be given at home and first 24 hour doses must be given by parent or carer.</i>
<i>Viral Infections</i>	<i>Exclude until child is well and temperature is normal (37 degrees)</i>

Please check your child knows how to wash his/her hands thoroughly, to reduce risk of cross-infection. School attendance could be improved for all if children and families wash and dry their hands well 5 or more times a day.